MEET THE COACHES



Head Coach Patrick Shuler

Since 2019, Grassfield High School and the Grassfield Wrestling Club have been led by an accomplished head coach who has built Grassfield into a Virginia powerhouse and premier wrestling program. Under his leadership, Grassfield has won back-to-back Virginia Class 6 State Championships and earned four Coach of the Year honors. The 2026 team completed an undefeated dual season, and earned a national ranking. Shuler and his staff have created a strong college wrestling pipeline, with 12 Grizzly alumni currently competing at the collegiate level.

Assistant Coaches



Grassfield has a deep and experienced assistant coaching staff that is unrivaled in Virginia and beyond. The assistant coaches were recognized with the NWCA Assistant Coaching Staff of the Year Award for Virginia and Region 2 in 2026! These guys are the best of the best.

High School Coaches:
Patrick Shuler, Chris Buckner, Taylor Misuna, Josh Rodriguez, Mason Hoagland, Riley Starcher
Strength Coach: Dennis Bruin

VISIT US ONLINE

FOLLOW US ON

SOCIAL MEDIA
@Grassfield_Wrestling

WEBSITE
https://grizzlywrestlingva.com/

CONTACT US
Grassfieldgrizzlywrestling@gmail.com

#THISISTHEWAY



HIGH SCHOOL



MIDDLE



ELEMENTARY

GRASSFIELD WRESTLING PHILOSOPHY

Grassfield Wrestling is built on the core values of F.I.G.H.T.

FAITH - INTEGRITY - GRATITUDE
HUSTLE - TOUGHNESS

We embody these values in everything we do, with a championship culture and competitive edge on and off the mat.

THIS IS THE WAY

Grassfield Wrestling State Champions

Since 2007

Andrew Clement '09
Caleb Richardson '09
Cam Anderson '11
Taylor Misuna '13
Stephen Burrell '17
Trevor Burns 2x '17 '18
Riley Starcher 2x '18 '19
Logan Robinson '22
Jahleel Armstrong '23
Charlize Shuler '23
Luca Schenlli '25
Chris Funches 2x '25 '26
Nolan Mather '26
Nate Moore '26

2026-27 SEASON SCHEDULE

VARSITY

The Grizzlies are looking to reload! The squad has a lot to prove with 9 new starters, 5 returning state qualifiers, 4 state placers, 3 state finalist, and 1 state champion.

Dec 2 District Dual vs NR / DC @ Nansemond River
Dec 5 Elite Opener @ Charles Town, WV
Dec 9 District Dual vs OS / IR @ Oscar Smith
Dec 11-12 NOVA Classic @ Fairfax
Dec 11-12 Iron Man @ Walsh Jesuit (OH)
Dec 19-20 Fab 50 Duals @ Annandale, NJ
Dec 29-30 Powerade Tournament @ Canonsburg, PA
Jan 6 District Dual vs KF / WB / L @ Lakeland
Jan 7 Flo Night in America Dual vs Cox @ HOME
*Youth/Alumni Night
Jan 8-9 Virginia Duals @ Hampton Coliseum
Jan 13 District Dual vs Great Bridge / Hickory @ HOME
*Senior Night
Jan 15-16 Ram Rumble @ Lafayette
Jan 20 Dual vs Kellam @ Kellam
Jan 22-23 John Kelly Invitational @ Ocean Lakes
Jan 28 Dual vs Benedictine @ Benedictine

Post Season
Feb 13 6A Regional Championships @ Oscar Smith HS
Feb 19-20 6A State Championships @ VB Sports Center

GRASSFIELD WRESTLING

Youth Coaches

Head Youth Coach: Deon Barrett

Assistant Coaches: Dennis Bruin, Todd Hatch, Josh Hanson

Youth Wrestling Email - grizzlywrestlingclubk5@gmail.com

K-8 Club

Middle School/Advanced Elementary
Practice
Monday/Wednesday 6:00-7:30pm

Elementary
Practice
Tuesday/Thursday 6:00-7:00pm

Grizzly Holiday Classic
Saturday December 19th

BENEFITS OF WRESTLING

- Develops self-defense skills
- Compete on local, state and national level
- Opens doors for academic and athletic opportunities
- Develops coordination, strength and balance
- Fair and balanced, as wrestlers compete against opponents similar in weight and age